EMBRAC3D

Discover. Dedicate. Deliver.

Integrity in Three Dimensions

PHASE I: DISCOVER – ILLUMINATION

(INTENSIVE)

Ending Secrecy. Understanding Harm. Seeing the Full Story.

THREE-DAY INTENSIVE
NOVEMBER 5–7
7:00 AM – 3:00 PM
Live Webinar

FOR MEN
A STRUCTURED, TRAUMA-INFORMED PROGRAM

INVESTMENT:
$1,200
PER PERSON

ABOUT THIS PROGRAM

Phase I: Discover – Illumination is the first phase of the **EMBRAC3D** Process — a structured, trauma-informed program for men who have engaged in deceptive sexual behavior and are ready to break secrecy, understand harm, and begin the journey toward genuine accountability and relational repair.

You will gain clarity about the full impact of your choices, the hidden dynamics that keep you stuck, and the path forward to healing and integrity.

THIS PROGRAM IS FOR MEN WHO:

- Want to find real change within
- Are ready to step out of the full impact of compulsive sexual behavior
- Are ready to eliminate the secret life of infidelity, betrayal, and deception
- Are ready to take ownership of their sexual recovery
- Want to step into a trusted process that guides healing

WHAT YOU'LL GAIN

- Understand the two-part problem: sexual acting out and deception
- Learn how secrecy, compartmentalization, and entitlement keep you stuck
- Identify and own the real impact of your actions
- Build a foundation of authenticity, integrity and accountability
- Begin repairing relationships through consistent, trustworthy change



PRESENTED BY:

CHRIS CHATWIN
DSTT, CIT

Passionate about helping men break free from secrecy, take ownership, and build lives of integrity and connection.

PART OF A 3-PHASE TRANSFORMATIONAL PROCESS:

PHASE I: DISCOVER – ILLUMINATION
Ending Secrecy. Understanding Harm. Seeing the Full Story.

PHASE II: DEDICATE – APPLICATION
Building Structures of Integrity.

PHASE III: DELIVER – TRANSFORMATION
Delivering Safety. Living Relational Integrity.

Grounded in Dr Minwalla's DST framework

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